



Mothers' Milk Bank

Colorado Based. Nationwide Impact.

## DONOR HUMAN MILK FOR WELL BABY UNITS

# Donor human milk is the *best choice for healthy full-term babies* if their mothers' own milk is not available

Donor human milk is not just for preemies. Evidence supports the use of donor human milk for full-term infants as well, whether they are in the hospital or at home. If your hospital does not already use donor human milk from Mothers' Milk Bank for newborns in the well baby nursery, now is the time to consider doing so. **All babies deserve access to the best nutrition possible.**



### Evidence-based patient care

Newborns in the well baby nursery should be offered donor human milk if they experience:

- › Hypoglycemia
- › Jaundice
- › Weight loss/failure to thrive
- › Late preterm birth
- › Feeding intolerance or gastrointestinal problems
- › Short gut/Post NEC
- › Special dietary needs during post-surgical care

Infants who are **adopted** or born via **surrogacy** should also be offered donor human milk if the birth mother's milk is not available. Also, consider offering donor human milk to mothers who have undergone a **mastectomy** and want their babies to receive the benefits of human milk.



### An investment in breastfeeding

Many parents may experience a delay in their milk "coming in" and prefer donor human milk for their babies while they wait. Donor human milk has been described as a "bridge" until maternal milk is at full volume.

By bridging this gap, use of donor human milk supports the start of a successful lactation journey.

***There is no minimum order, so regardless of your unit size, you can help set parents up for long-term breastfeeding success.***



### Alignment with hospital priorities

Whether your hospital is designated Baby Friendly, is on its way to obtaining that designation, or simply wants to provide the best possible care for infants and families, donor human milk can help elevate your reputation.

Supplementing with donor human milk is an evidence-based practice which is supported by American Academy of Pediatrics (AAP), the surgeon general, the Academy of Breastfeeding Medicine (ABM), and other notable professional organizations.



***"If mother's own milk is unavailable despite significant lactation support, pasteurized donor milk should be used."***

— AMERICAN ACADEMY OF PEDIATRICS (AAP)

## NEXT STEPS

Contact Rachel Goodman, Director of Clinical Relations, to start using donor human milk in your well baby unit.

720.507.0926 | [rachel.goodman@RMChildren.org](mailto:rachel.goodman@RMChildren.org)



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## DONOR HUMAN MILK FOR OUTPATIENT BABIES

# Setting families up for success

Many parents may still be working on establishing their milk supply upon discharge from the hospital. During this time, infants can continue supplementing with donor human milk from Mothers' Milk Bank. All that is required is the recipient's medical history and payment information. A prescription is not required for the first 40 ounces.

### Use donor human milk from Mothers' Milk Bank for ALL infants who need it and:

- › Enhance maternity, nursery and lactation services.
- › Support exclusive breastfeeding rates
- › Improve newborn outcomes.
- › Take steps towards achieving "Baby Friendly" designation.

### Ensure your patients receive donor human milk after hospital discharge by:

- › Sending families home with a few extra bottles, or
- › Referring them to Mothers' Milk Bank to obtain donor human milk. We can ship overnight to any state!

*Financial assistance may be available for recipient families.*

## NEXT STEPS

Contact Rachel Goodman, Director of Clinical Outreach, for outpatient materials at 720.507.0926 or [rachel.goodman@RMChildren.org](mailto:rachel.goodman@RMChildren.org)

Direct outpatients to [milkbankcolorado.org](http://milkbankcolorado.org) or 303.869.1888

**Mothers' Milk Bank is one of the largest nonprofit milk banks in North America**, and adheres to the strict guidelines of the Human Milk Banking Association of North America (HMBANA). National and international organizations, as well as many medical professional groups, acknowledge and support donor human milk as the "First Choice" for all infant feeding when the mother's own milk is unavailable.

### ***In addition, Mothers' Milk Bank:***

- › Offers low processing fees
- › Is certified as the first nonprofit milk bank with an ISO7 lab in the United States - implementing a clean room which ensures low levels of microbial and particulate contamination during the processing of donor human milk.
- › Is centrally located in the U.S., which lends to ***easy overnight delivery of milk.***
- › Has a national presence, serving over 160 hospitals nationwide and consistently providing more donor human milk to hospital NICUs than any other nonprofit bank.
- › Has more than 60 Donation and Outreach Centers across the U.S., including many in areas with high breastfeeding rates to balance the need for milk in areas with lower breastfeeding rates.



Mothers' Milk Bank is a nonprofit program of Rocky Mountain Children's Health Foundation, Mothers' Milk Bank (MMB) collects, processes and provides donor human milk to babies across the country. Babies who receive the milk may be premature or have severe illnesses and need human milk to thrive.

visit us at [milkbankcolorado.org](http://milkbankcolorado.org)